

The Nevada POLST Form Section-by-Section

Nevada POLST Side One: Medical Orders

Section B: Medical Interventions

Any treatment checked in Section B only applies if a patient has a pulse and/or is breathing. In addition, once initiated, if a treatment is found not to be of benefit, it may be stopped. ONLY ONE OF THE FOLLOWING SHOULD BE CHECKED.

B Choose 1	MEDICAL INTERVENTIONS – Check only one – Patient/resident has pulse and/or is breathing.
	<input type="checkbox"/> Full Treatment. Goal - prolong life by all medically effective means Full life support measures provided, including intubation, mechanical ventilation and advanced airway intervention in addition to treatment described in Comfort Focused Treatment and Selective Treatment. Transfer to hospital/admit to ICU as indicated. <i>Other Instructions:</i> _____
	<input type="checkbox"/> Selective Treatment. Goal - treat medical conditions as directed below: In addition to Comfort Focused Treatment use medical treatment/IV antibiotics/IV fluids/cardiac monitor as indicated. No intubation, advanced airway interventions or mechanical ventilation. May use non-invasive positive airway pressure. Hospital transfer as indicated. Generally avoid ICU. <i>Other Instructions:</i> _____

Comfort Focused Treatment. Goal - maximize comfort through symptom management.
Relieve pain and suffering with medication by *any route* as needed; may use oxygen or suctioning and manual treatment of airway obstruction as needed for comfort. **Transfer to hospital only if comfort needs cannot be met in current location.**
Other Instructions: _____

Full Treatment. Goal - prolong life by all medically effective means

Remind the patient that these orders only pertain to emergency situations. That their care providers will take all reasonable measures to sustain their life, but considering their health status, such measures may or may not be successful or may result in additional discomfort. Comfort focused treatment should always be provided. Discuss “Additional Instructions” that might include a trial period of treatments to determine if the patient is improving. Without this notation, the patient should understand that they may be on life support indefinitely or, if a treatment is found not to be of benefit, it may be stopped. This will depend on several factors such as their provider, the institution they are at and their decision-maker(s).

Selective Treatment. Goal – treat medical conditions as directed below:

Treatment may include IV antibiotics, IV fluids and cardiac monitor, as indicated. Use other medical treatments that do not require intubation, advanced airway interventions or mechanical ventilation. The use of noninvasive positive airway pressure and hospital transfer may be considered, but generally, avoid ICU. Be sure to explain what the treatments mentioned involve, the limitations of these treatments and the implications this choice may have for the patient’s longevity and/or quality of life. Discuss “Additional Instructions” that might include a trial period or avoidance of specific treatments, such as kidney dialysis, etc.

Comfort Focused Treatment. Goal – maximize comfort through symptom management.

All efforts to provide comfort and relieve pain by any route are to be taken while maintaining the patient’s dignity. Food and fluid may be offered by mouth. Oxygen, suction and manual treatment of airway obstruction may be used. Patient should not be transferred unless comfort cannot be met at their current location. The patient should NOT be admitted to ICU.

Be sure to tell the patient that they may change these options at any time by requesting completion of a new POLST.